

UFO **HUB**



1
00:00:00,000 --> 00:00:14,830

by

2
00:00:23,660 --> 00:00:19,460

my name is Barbara Lam and I'm a

3
00:00:26,390 --> 00:00:23,670

licensed psychotherapist specifically a

4
00:00:31,720 --> 00:00:26,400

licensed Marriage and Family Therapist

5
00:00:34,040 --> 00:00:31,730

and I'm a certified hypnotherapist and

6
00:00:37,460 --> 00:00:34,050

regression therapist

7
00:00:40,610 --> 00:00:37,470

so my work encompasses all of those

8
00:00:43,960 --> 00:00:40,620

different aspects which keeps it very

9
00:00:47,780 --> 00:00:43,970

very fascinating for me and hopefully

10
00:00:50,240 --> 00:00:47,790

helpful for the people I work with well

11
00:00:55,940 --> 00:00:50,250

I became licensed as a psychotherapist

12
00:01:01,369 --> 00:00:55,950

in 1976 and at that time I hadn't been

13
00:01:04,119 --> 00:01:01,379

aware of UFOs or extraterrestrials

14

00:01:06,950 --> 00:01:04,129

I just thought subjects like that were

15

00:01:09,440 --> 00:01:06,960

probably quite interesting but we're

16

00:01:13,910 --> 00:01:09,450

science fiction that's what I thought at

17

00:01:17,029 --> 00:01:13,920

that time but I began to do some of the

18

00:01:22,070 --> 00:01:17,039

deeper work which I call it in other

19

00:01:25,580 --> 00:01:22,080

words regression work and going into the

20

00:01:28,840 --> 00:01:25,590

subconscious mind more to bring forth

21

00:01:32,240 --> 00:01:28,850

information from people that seem to

22

00:01:34,999 --> 00:01:32,250

explain some of the things that they

23

00:01:40,999 --> 00:01:35,009

were feeling and dealing with in their

24

00:01:43,069 --> 00:01:41,009

lives and then in 1982 I visited a

25

00:01:45,770 --> 00:01:43,079

friend who had a home up in the

26
00:01:49,850 --> 00:01:45,780
mountains in Southern California where I

27
00:01:53,630 --> 00:01:49,860
am and while I was waiting for her to

28
00:01:57,020 --> 00:01:53,640
change clothes or something I looked at

29
00:02:00,760 --> 00:01:57,030
a coffee table book that she had sitting

30
00:02:04,490 --> 00:02:00,770
in front of me and that book really

31
00:02:09,139 --> 00:02:04,500
opened up my awareness if the book was

32
00:02:13,130 --> 00:02:09,149
called UFO contact from the Pleiades and

33
00:02:16,520 --> 00:02:13,140
I had never seen such a thing before and

34
00:02:18,640 --> 00:02:16,530
while waiting for my friend I opened the

35
00:02:23,690 --> 00:02:18,650
book and it had the most beautiful

36
00:02:27,890 --> 00:02:23,700
photographs of UFOs and it had passages

37
00:02:32,270 --> 00:02:27,900
of information actually quotes

38
00:02:36,320 --> 00:02:32,280

the book said quotes from beings from

39

00:02:40,630 --> 00:02:36,330

the Pleiades planets and these beings

40

00:02:43,580 --> 00:02:40,640

seem so high-minded and loving

41

00:02:47,000 --> 00:02:43,590

incredibly unconditionally loving and

42

00:02:50,720 --> 00:02:47,010

they were talking about us human beings

43

00:02:54,380 --> 00:02:50,730

as being regarded by them as their

44

00:02:56,780 --> 00:02:54,390

little brothers and sisters and that

45

00:03:00,800 --> 00:02:56,790

they were coming to Earth to help

46

00:03:03,319 --> 00:03:00,810

Humanity and so I was reading this

47

00:03:06,050 --> 00:03:03,329

material and seeing these beautiful

48

00:03:09,740 --> 00:03:06,060

photographs and reading also that the

49

00:03:12,589 --> 00:03:09,750

photographs had been highly analyzed by

50

00:03:14,960 --> 00:03:12,599

experts you know who can detect which

51
00:03:19,039 --> 00:03:14,970
pictures have been faked in which ones

52
00:03:23,170 --> 00:03:19,049
were real and the verdict on that was

53
00:03:27,080 --> 00:03:23,180
that this was real footage of these UFOs

54
00:03:29,449 --> 00:03:27,090
well just in the 20 minutes or so that I

55
00:03:30,530 --> 00:03:29,459
was looking at that book and reading

56
00:03:34,580 --> 00:03:30,540
portions of it

57
00:03:38,420 --> 00:03:34,590
I just felt enlightened that is I just

58
00:03:41,930 --> 00:03:38,430
felt a big radiation of light within me

59
00:03:46,460 --> 00:03:41,940
and a sense of wonder and a sense of

60
00:03:50,150 --> 00:03:46,470
thrill like this is wonderful there are

61
00:03:53,659 --> 00:03:50,160
these very intelligent loving beings out

62
00:03:58,039 --> 00:03:53,669
there in space who were visiting and who

63
00:04:00,439 --> 00:03:58,049

care about us humans well that was about

64

00:04:02,750 --> 00:04:00,449

all for that particular incident because

65

00:04:05,330 --> 00:04:02,760

my friend was ready and we went off to

66

00:04:08,689 --> 00:04:05,340

do whatever we were going to do that day

67

00:04:11,650 --> 00:04:08,699

and I remembered that book and kept

68

00:04:16,430 --> 00:04:11,660

thinking about it and it took me about

69

00:04:19,789 --> 00:04:16,440

12 years before I could ever find a copy

70

00:04:26,409 --> 00:04:19,799

of that book and be able to purchase one

71

00:04:32,120 --> 00:04:26,419

so that was in 1992 and then in 1994 of

72

00:04:35,390 --> 00:04:32,130

having had several episodes of what I

73

00:04:39,529 --> 00:04:35,400

would call spontaneous past life recalls

74

00:04:41,750 --> 00:04:39,539

when visiting other countries and I

75

00:04:45,140 --> 00:04:41,760

began thinking you know

76

00:04:47,750 --> 00:04:45,150

it must be true that we have many

77

00:04:50,330 --> 00:04:47,760

lifetimes and I had never really

78

00:04:53,150 --> 00:04:50,340

considered that as part of reality

79

00:04:56,150 --> 00:04:53,160

before that but when I came back from

80

00:04:58,700 --> 00:04:56,160

one of those trips I had the very good

81

00:05:02,980 --> 00:04:58,710

fortune to meet the woman who had

82

00:05:06,730 --> 00:05:02,990

founded the Association for past life

83

00:05:10,960 --> 00:05:06,740

research in therapies and that woman

84

00:05:13,220 --> 00:05:10,970

sort of casually interviewed me and

85

00:05:16,250 --> 00:05:13,230

realized that I was doing some of that

86

00:05:19,550 --> 00:05:16,260

very deep relaxation work and part of my

87

00:05:22,460 --> 00:05:19,560

therapy practice and she said you would

88

00:05:25,250 --> 00:05:22,470

be a natural for doing past life

89

00:05:30,470 --> 00:05:25,260

regression therapy well I didn't even

90

00:05:32,720 --> 00:05:30,480

know up to that point in 1990 1984 I

91

00:05:35,770 --> 00:05:32,730

hadn't even known that there was such a

92

00:05:40,400 --> 00:05:35,780

field of past life regression therapy

93

00:05:43,820 --> 00:05:40,410

but as synchronicity would have it they

94

00:05:46,610 --> 00:05:43,830

were holding a conference on that whole

95

00:05:51,050 --> 00:05:46,620

subject beginning the very next night

96

00:05:53,480 --> 00:05:51,060

and it was only about 30 miles away from

97

00:05:57,830 --> 00:05:53,490

me where this conference was going to be

98

00:06:00,350 --> 00:05:57,840

happening so I with some interest and

99

00:06:04,520 --> 00:06:00,360

curiosity I went to that conference and

100

00:06:07,190 --> 00:06:04,530

I met so many excellent professional

101
00:06:09,230 --> 00:06:07,200
therapists who as part of their

102
00:06:13,010 --> 00:06:09,240
practices we're doing past life

103
00:06:17,660 --> 00:06:13,020
regression therapy well I became very

104
00:06:21,080 --> 00:06:17,670
impressed and inspired and then when

105
00:06:23,720 --> 00:06:21,090
this group offered training to become a

106
00:06:27,170 --> 00:06:23,730
past-life therapist I signed right up

107
00:06:30,440 --> 00:06:27,180
and that was the beginning of about five

108
00:06:33,670 --> 00:06:30,450
years worth of training that I took to

109
00:06:35,900 --> 00:06:33,680
be a past life regression therapist

110
00:06:40,580 --> 00:06:35,910
using that as part of my therapy

111
00:06:45,680 --> 00:06:40,590
practice well the very last module of

112
00:06:49,880 --> 00:06:45,690
training which was in 1988 the trainer

113
00:06:53,150 --> 00:06:49,890

out of that particular program said to

114

00:06:55,190 --> 00:06:53,160

us those of you who are doing regression

115

00:06:59,090 --> 00:06:55,200

therapy could

116

00:07:02,210 --> 00:06:59,100

simply have it that sometime a person

117

00:07:06,490 --> 00:07:02,220

would come to you who had had very

118

00:07:10,010 --> 00:07:06,500

unusual experiences in this life and

119

00:07:14,510 --> 00:07:10,020

they might have been visited by some

120

00:07:17,600 --> 00:07:14,520

very strange peculiar beings and maybe

121

00:07:22,090 --> 00:07:17,610

even removed from where they were for an

122

00:07:27,680 --> 00:07:22,100

hour or two and they might be confused

123

00:07:30,140 --> 00:07:27,690

startled even traumatized at least very

124

00:07:33,110 --> 00:07:30,150

curious and that they might want

125

00:07:36,550 --> 00:07:33,120

regression work to help them to over

126

00:07:39,370 --> 00:07:36,560

uncover the details of those experiences

127

00:07:45,290 --> 00:07:39,380

that they hadn't been consciously

128

00:07:48,410 --> 00:07:45,300

remembering so I heard that and that was

129

00:07:52,790 --> 00:07:48,420

really a surprise I had never heard of

130

00:07:56,180 --> 00:07:52,800

that before and so I was startled but

131

00:07:59,510 --> 00:07:56,190

not only that but even more impactful

132

00:08:04,190 --> 00:07:59,520

that there was a big voice in my own

133

00:08:09,950 --> 00:08:04,200

mind that said pay attention to this

134

00:08:12,110 --> 00:08:09,960

Barbara you will be doing this during

135

00:08:16,250 --> 00:08:12,120

regression therapy for that kind of

136

00:08:19,580 --> 00:08:16,260

reason well I was absolutely amazed and

137

00:08:23,360 --> 00:08:19,590

I was having cognitive dissonance which

138

00:08:26,360 --> 00:08:23,370

is where we hear a new idea as if it's

139

00:08:29,330 --> 00:08:26,370

true and it really counteracts whatever

140

00:08:32,150 --> 00:08:29,340

we had thought about that idea before

141

00:08:35,630 --> 00:08:32,160

and so I didn't know what to do with

142

00:08:40,180 --> 00:08:35,640

that and we went on with the last the

143

00:08:43,190 --> 00:08:40,190

highest level of past life training and

144

00:08:47,180 --> 00:08:43,200

so I just kind of tucked it away in my

145

00:08:51,230 --> 00:08:47,190

mind that I wondered I needed to find

146

00:08:53,360 --> 00:08:51,240

out if there really were UFOs that came

147

00:08:57,950 --> 00:08:53,370

even though I had seen those beautiful

148

00:08:59,810 --> 00:08:57,960

photographs a few years earlier and and

149

00:09:03,230 --> 00:08:59,820

if there was such a thing as

150

00:09:06,860 --> 00:09:03,240

extraterrestrial beings and such a thing

151
00:09:08,870 --> 00:09:06,870
as they're visiting people here on earth

152
00:09:12,610 --> 00:09:08,880
and taking people away from

153
00:09:15,340 --> 00:09:12,620
or certain experiences so I found myself

154
00:09:18,380 --> 00:09:15,350
learning about that you know going to

155
00:09:21,400 --> 00:09:18,390
every lecture that I could hear of that

156
00:09:24,860 --> 00:09:21,410
was been given in Southern California

157
00:09:27,740 --> 00:09:24,870
anywhere and reading articles if I could

158
00:09:30,260 --> 00:09:27,750
find them in magazines I know I was

159
00:09:32,990 --> 00:09:30,270
going all over many different towns

160
00:09:35,260 --> 00:09:33,000
looking at their magazine shops to see

161
00:09:39,460 --> 00:09:35,270
if I could find any articles about that

162
00:09:42,980 --> 00:09:39,470
well finally about three years later in

163
00:09:46,100 --> 00:09:42,990

1991 in the shower one morning which is

164

00:09:51,380 --> 00:09:46,110

a good thinking time and not interrupted

165

00:09:54,110 --> 00:09:51,390

by anything I concluded that if anyone

166

00:09:56,900 --> 00:09:54,120

should ever happen to come to me with

167

00:10:00,290 --> 00:09:56,910

that concern wanting a regression to

168

00:10:03,920 --> 00:10:00,300

some sort of very unusual experience

169

00:10:07,400 --> 00:10:03,930

like that that they had had I concluded

170

00:10:10,460 --> 00:10:07,410

that yes that would be okay I I feel

171

00:10:13,760 --> 00:10:10,470

like I'm ready to handle that if it

172

00:10:18,460 --> 00:10:13,770

should ever happen that someone would

173

00:10:21,860 --> 00:10:18,470

come to me for that and as life as

174

00:10:24,620 --> 00:10:21,870

synchronicities often happen about two

175

00:10:27,410 --> 00:10:24,630

hours later IRAs in a metaphysical

176

00:10:30,290 --> 00:10:27,420

bookstore and the woman behind the

177

00:10:33,250 --> 00:10:30,300

counter said Oh aren't you Barbara Lam

178

00:10:36,830 --> 00:10:33,260

don't you do a past life regression

179

00:10:41,000 --> 00:10:36,840

therapy and I said yes I do quite a lot

180

00:10:43,430 --> 00:10:41,010

of that and she said well I wonder if

181

00:10:46,700 --> 00:10:43,440

you would agree to meet with my 21 year

182

00:10:49,880 --> 00:10:46,710

old daughter this is not about previous

183

00:10:53,750 --> 00:10:49,890

lifetimes but right here and now for

184

00:10:57,590 --> 00:10:53,760

years she's been experiencing nighttime

185

00:11:00,230 --> 00:10:57,600

visits by very very unusual beings and

186

00:11:04,100 --> 00:11:00,240

she feels that sometimes she's been

187

00:11:07,790 --> 00:11:04,110

removed from our home for a couple of

188

00:11:11,270 --> 00:11:07,800

hours and brought back and unfortunately

189

00:11:14,990 --> 00:11:11,280

she is terribly afraid she's been

190

00:11:19,040 --> 00:11:15,000

traumatized and she does everything she

191

00:11:20,450 --> 00:11:19,050

can to stay awake at night and to sleep

192

00:11:22,519 --> 00:11:20,460

as long as she can in the morning

193

00:11:26,150 --> 00:11:22,529

because she's afraid to go to

194

00:11:29,509 --> 00:11:26,160

sleek afraid that some sort of encounter

195

00:11:31,850 --> 00:11:29,519

like this is going to happen so having

196

00:11:34,550 --> 00:11:31,860

just decided two hours earlier that I

197

00:11:36,499 --> 00:11:34,560

was ready for this I said yes I

198

00:11:41,439 --> 00:11:36,509

certainly would be happy to work with

199

00:11:44,569 --> 00:11:41,449

her that was a tremendous opening for me

200

00:11:48,530 --> 00:11:44,579

working with that young woman and we had

201
00:11:52,429 --> 00:11:48,540
six regressions six sessions with one

202
00:11:55,179 --> 00:11:52,439
regression in each session and she

203
00:11:58,730 --> 00:11:55,189
certainly seemed to have a variety of

204
00:12:01,639 --> 00:11:58,740
extraterrestrial experiences with

205
00:12:04,460 --> 00:12:01,649
somewhat different kinds of beings

206
00:12:07,340 --> 00:12:04,470
coming to her for each one of these

207
00:12:12,019 --> 00:12:07,350
incidents that we did the regression to

208
00:12:14,929 --> 00:12:12,029
recount all the details of and and some

209
00:12:17,269 --> 00:12:14,939
of them were very frightening some of

210
00:12:20,259 --> 00:12:17,279
them were more interesting than

211
00:12:22,699 --> 00:12:20,269
frightening and one of those regressions

212
00:12:26,329 --> 00:12:22,709
involved an experience when she had a

213
00:12:29,179 --> 00:12:26,339

very bad earache and the beings on that

214

00:12:32,720 --> 00:12:29,189

occasion came to her room at night and

215

00:12:34,790 --> 00:12:32,730

they turned her on her left side with

216

00:12:39,590 --> 00:12:34,800

her right ear where she had a fierce

217

00:12:41,960 --> 00:12:39,600

earache heading upward and she was aware

218

00:12:45,160 --> 00:12:41,970

to some extent and part of that

219

00:12:49,579 --> 00:12:45,170

experience is that these tall white

220

00:12:52,369 --> 00:12:49,589

beings no hair big eyes very different

221

00:12:56,259 --> 00:12:52,379

than human beings were right there

222

00:13:00,879 --> 00:12:56,269

working on her ear and they were healing

223

00:13:03,559 --> 00:13:00,889

that very intense ear ache that she had

224

00:13:07,639 --> 00:13:03,569

so that when she woke up in the morning

225

00:13:10,879 --> 00:13:07,649

and got up she realized wow my ear ache

226

00:13:14,179 --> 00:13:10,889

is completely gone and it must have had

227

00:13:16,790 --> 00:13:14,189

to do with those unusual beings who were

228

00:13:19,460 --> 00:13:16,800

here so there were things like that that

229

00:13:23,210 --> 00:13:19,470

were happening right among the more

230

00:13:25,489 --> 00:13:23,220

peculiar unusual sorts of things that

231

00:13:29,389 --> 00:13:25,499

she was experiencing with some of the

232

00:13:34,950 --> 00:13:29,399

beings well that last session when she

233

00:13:38,850 --> 00:13:34,960

came in she came in looking happy and

234

00:13:42,750 --> 00:13:38,860

relaxed and and she launched into saying

235

00:13:46,770 --> 00:13:42,760

that she felt privileged she felt

236

00:13:50,400 --> 00:13:46,780

honored to be chosen somehow for some

237

00:13:53,580 --> 00:13:50,410

reason by those beings that they would

238

00:13:57,510 --> 00:13:53,590

be working with her and she had

239

00:14:01,800 --> 00:13:57,520

concluded she was happy about it well I

240

00:14:04,440 --> 00:14:01,810

as the therapist was really surprised

241

00:14:07,710 --> 00:14:04,450

but that because I hadn't heard anything

242

00:14:10,410 --> 00:14:07,720

positive about that phenomenon up to

243

00:14:15,930 --> 00:14:10,420

that point so this was a real turnaround

244

00:14:17,640 --> 00:14:15,940

and she said I'm honored to be working

245

00:14:20,730 --> 00:14:17,650

with them honored that they have chosen

246

00:14:23,280 --> 00:14:20,740

me and my boyfriend and I are going to

247

00:14:25,500 --> 00:14:23,290

move away from my parents home we're

248

00:14:28,320 --> 00:14:25,510

going to move out into the wilderness in

249

00:14:31,200 --> 00:14:28,330

the mountain the area and back of where

250

00:14:33,570 --> 00:14:31,210

I live in Clermont Southern California

251

00:14:36,570 --> 00:14:33,580

and I said well that's wilderness

252

00:14:39,120 --> 00:14:36,580

territory you know and he and so who

253

00:14:41,730 --> 00:14:39,130

knows what could happen there and he

254

00:14:44,580 --> 00:14:41,740

said I know that's just fine and even my

255

00:14:47,280 --> 00:14:44,590

boyfriend is open to the idea that if

256

00:14:49,680 --> 00:14:47,290

these beings come into the room at night

257

00:14:54,110 --> 00:14:49,690

and take me away for a while that's all

258

00:14:58,500 --> 00:14:54,120

right so she had also had an experience

259

00:15:02,370 --> 00:14:58,510

before that last visit when she and her

260

00:15:06,990 --> 00:15:02,380

sister had been driving along sort of at

261

00:15:10,020 --> 00:15:07,000

dusk outside of the regular town that

262

00:15:13,920 --> 00:15:10,030

she lived in and they both noticed that

263

00:15:16,470 --> 00:15:13,930

there was a blue beam of light coming in

264

00:15:18,120 --> 00:15:16,480

the back window of the car and they

265

00:15:22,770 --> 00:15:18,130

realized that it seemed to be coming

266

00:15:25,740 --> 00:15:22,780

from sort of semi above them they also

267

00:15:28,920 --> 00:15:25,750

then were aware that the car motor

268

00:15:32,040 --> 00:15:28,930

started to sort of Peter out and slow

269

00:15:34,740 --> 00:15:32,050

down she pulled off the road so the car

270

00:15:37,440 --> 00:15:34,750

would be safe and they both were

271

00:15:40,860 --> 00:15:37,450

startled of course and they jumped out

272

00:15:43,260 --> 00:15:40,870

and hopped over a low fence and ran

273

00:15:46,320 --> 00:15:43,270

through the field that happened to be

274

00:15:48,450 --> 00:15:46,330

right there next to the car and while

275

00:15:50,820 --> 00:15:48,460

they were running through the field

276

00:15:55,430 --> 00:15:50,830

get away from this beam of light and

277

00:15:59,490 --> 00:15:55,440

whatever it was it it was admitting from

278

00:16:02,340 --> 00:15:59,500

my client the 21 year old suddenly

279

00:16:06,540 --> 00:16:02,350

realized that the beam of light was

280

00:16:08,940 --> 00:16:06,550

hitting her lower back where she had

281

00:16:12,600 --> 00:16:08,950

been having a considerable amount of

282

00:16:15,810 --> 00:16:12,610

pain for quite a while and had not been

283

00:16:18,870 --> 00:16:15,820

able to get any help for that in her

284

00:16:24,120 --> 00:16:18,880

life here on earth but the beam was

285

00:16:27,600 --> 00:16:24,130

touching that area and it felt so good

286

00:16:30,840 --> 00:16:27,610

so she stopped running while her sister

287

00:16:33,780 --> 00:16:30,850

continued running away but she stopped

288

00:16:36,420 --> 00:16:33,790

and I sort of just received it and

289

00:16:39,240 --> 00:16:36,430

bathed in that wonderful light while her

290

00:16:43,200 --> 00:16:39,250

back was becoming less and less painful

291

00:16:46,230 --> 00:16:43,210

and so she just opened up and received

292

00:16:51,210 --> 00:16:46,240

it so by the time she came in a few days

293

00:16:56,510 --> 00:16:51,220

later for her session with me she was

294

00:17:01,470 --> 00:16:56,520

radiant literally radiant glowing happy

295

00:17:06,270 --> 00:17:01,480

relaxed so pleased and said I know that

296

00:17:09,079 --> 00:17:06,280

they are here to help me as well as to

297

00:17:11,850 --> 00:17:09,089

do whatever else they're here to do and

298

00:17:16,230 --> 00:17:11,860

that's why I feel so privileged and

299

00:17:20,220 --> 00:17:16,240

honored to be part of this well that was

300

00:17:23,850 --> 00:17:20,230

a great beginning for me in doing this

301
00:17:26,790 --> 00:17:23,860
particular kind of my therapy work so I

302
00:17:30,710 --> 00:17:26,800
went off to England a month or so later

303
00:17:33,090 --> 00:17:30,720
to do my annual crop circle research and

304
00:17:35,970 --> 00:17:33,100
didn't think too much about that

305
00:17:39,900 --> 00:17:35,980
was involved in what I was doing and

306
00:17:43,110 --> 00:17:39,910
when I came back again to America and to

307
00:17:45,810 --> 00:17:43,120
California I noticed that another lady

308
00:17:47,670 --> 00:17:45,820
was calling and signing up and saying

309
00:17:50,070 --> 00:17:47,680
well I don't know how you feel about

310
00:17:53,340 --> 00:17:50,080
this but I've all of my life I've been

311
00:17:56,160 --> 00:17:53,350
having very odd experiences and I

312
00:18:00,510 --> 00:17:56,170
usually remember just the first several

313
00:18:01,700 --> 00:18:00,520

moments of them she described there on

314

00:18:04,519 --> 00:18:01,710

the phone

315

00:18:08,360 --> 00:18:04,529

that three little beings would come into

316

00:18:10,570 --> 00:18:08,370

her room at night and take her away for

317

00:18:13,460 --> 00:18:10,580

a while they always brought her back and

318

00:18:15,740 --> 00:18:13,470

she wondered what was happening after

319

00:18:19,850 --> 00:18:15,750

she was taken away because she didn't

320

00:18:23,870 --> 00:18:19,860

consciously remember so she wanted to do

321

00:18:27,200 --> 00:18:23,880

regression work as well that woman that

322

00:18:33,190 --> 00:18:27,210

second woman stayed and worked with me

323

00:18:37,630 --> 00:18:33,200

many times for eleven years and she had

324

00:18:42,230 --> 00:18:37,640

many many regressions with me probably

325

00:18:45,529 --> 00:18:42,240

60 or 65 regressions some of our

326

00:18:48,409 --> 00:18:45,539

sessions we we talked and some of the

327

00:18:51,620 --> 00:18:48,419

sessions we did regressions and then

328

00:18:55,519 --> 00:18:51,630

some she did channeling of an

329

00:18:58,930 --> 00:18:55,529

extraterrestrial being who said that he

330

00:19:04,630 --> 00:18:58,940

lived on the binary star system of

331

00:19:09,409 --> 00:19:04,640

Antares well to my wonderment and

332

00:19:12,649 --> 00:19:09,419

absolute appreciation I was the one who

333

00:19:13,220 --> 00:19:12,659

got to talk to that extraterrestrial

334

00:19:16,639 --> 00:19:13,230

being

335

00:19:20,240 --> 00:19:16,649

through her channeling what he was

336

00:19:23,210 --> 00:19:20,250

saying and when this channeling would

337

00:19:26,720 --> 00:19:23,220

happen right in my office it felt like

338

00:19:29,930 --> 00:19:26,730

the whole energy of the room was

339

00:19:35,330 --> 00:19:29,940

literally changing there was sort of a

340

00:19:39,950 --> 00:19:35,340

soft warm glowing energy feeling and

341

00:19:43,779 --> 00:19:39,960

I've just felt so opened and so relaxed

342

00:19:48,560 --> 00:19:43,789

and yet thrilled to be talking to this

343

00:19:52,490 --> 00:19:48,570

intelligence coming through my client so

344

00:19:55,810 --> 00:19:52,500

he gave a lot of information about what

345

00:19:59,210 --> 00:19:55,820

we tend to call the encounter or the

346

00:20:02,950 --> 00:19:59,220

abduction phenomenon and a lot of

347

00:20:06,889 --> 00:20:02,960

information about the extraterrestrials

348

00:20:10,149 --> 00:20:06,899

perspective about humanity and about

349

00:20:13,039 --> 00:20:10,159

life on Earth I really had my

350

00:20:14,480 --> 00:20:13,049

perspective of everything of reality

351
00:20:18,650 --> 00:20:14,490
itself

352
00:20:20,060 --> 00:20:18,660
stretched and opened and changed and it

353
00:20:24,950 --> 00:20:20,070
was thrilling

354
00:20:28,820 --> 00:20:24,960
I was aglow after every one of those

355
00:20:31,850 --> 00:20:28,830
sessions so that was all part of it with

356
00:20:35,630 --> 00:20:31,860
that second client and she had in her

357
00:20:38,900 --> 00:20:35,640
regressions experiences with many

358
00:20:42,320 --> 00:20:38,910
different types of beings and they all

359
00:20:44,840 --> 00:20:42,330
had different agendas so putting that

360
00:20:48,860 --> 00:20:44,850
work together with the regressions of

361
00:20:51,740 --> 00:20:48,870
the first client I mentioned I began to

362
00:20:55,010 --> 00:20:51,750
get this impression that there are there

363
00:20:57,650 --> 00:20:55,020

is a wide variety of beings that come

364

00:21:02,060 --> 00:20:57,660

from different parts of the universe and

365

00:21:04,070 --> 00:21:02,070

they all have different agendas they do

366

00:21:06,380 --> 00:21:04,080

different things with these people and

367

00:21:11,240 --> 00:21:06,390

some of the things that some of the

368

00:21:12,580 --> 00:21:11,250

beings do are not liked by people and I

369

00:21:16,000 --> 00:21:12,590

can understand that

370

00:21:18,590 --> 00:21:16,010

particularly physical checkups and

371

00:21:22,370 --> 00:21:18,600

implants being put in and some

372

00:21:25,220 --> 00:21:22,380

reproductive processes on the other hand

373

00:21:27,320 --> 00:21:25,230

there were many many beings of different

374

00:21:30,850 --> 00:21:27,330

types I'm sure from different places

375

00:21:34,460 --> 00:21:30,860

that we're doing wonderful things like

376

00:21:38,720 --> 00:21:34,470

physically healing people and teaching

377

00:21:41,770 --> 00:21:38,730

them things even training them in being

378

00:21:45,410 --> 00:21:41,780

more psychic training them to

379

00:21:47,930 --> 00:21:45,420

communicate telepathically which we

380

00:21:51,200 --> 00:21:47,940

don't usually do here or at least no one

381

00:21:53,870 --> 00:21:51,210

I know does talk telepathically with

382

00:21:56,870 --> 00:21:53,880

other people but we apparently all have

383

00:22:00,370 --> 00:21:56,880

that ability and some people get trained

384

00:22:02,630 --> 00:22:00,380

by these extraterrestrial beings so

385

00:22:06,410 --> 00:22:02,640

they're trained in lots of different

386

00:22:09,169 --> 00:22:06,420

skills that some of our people like

387

00:22:12,140 --> 00:22:09,179

psychic skills do have so we know it's

388

00:22:14,630 --> 00:22:12,150

possible for human beings and yet

389

00:22:16,610 --> 00:22:14,640

they'll take these new people who are

390

00:22:20,330 --> 00:22:16,620

experiencing the extra-terrestrial

391

00:22:24,770 --> 00:22:20,340

contact and opening them up to those

392

00:22:28,470 --> 00:22:24,780

particular skills and very impressive to

393

00:22:31,620 --> 00:22:28,480

me were the situations where

394

00:22:36,539 --> 00:22:31,630

people would be taking who already had a

395

00:22:39,900 --> 00:22:36,549

serious physical ailment of some sort or

396

00:22:43,140 --> 00:22:39,910

perhaps a congenital problem perhaps a

397

00:22:47,450 --> 00:22:43,150

long-term illness autoimmune disease a

398

00:22:51,600 --> 00:22:47,460

heart problem cancer all kinds of really

399

00:22:55,950 --> 00:22:51,610

difficult things and they would the ETS

400

00:22:59,070 --> 00:22:55,960

would heal people of these infirmities

401
00:23:02,190 --> 00:22:59,080
and they would do it quickly in one

402
00:23:07,140 --> 00:23:02,200
session well that was really impressive

403
00:23:09,810 --> 00:23:07,150
to me so this work has gone on of

404
00:23:15,000 --> 00:23:09,820
regressing people to extraterrestrial

405
00:23:19,020 --> 00:23:15,010
experiences for 25 years now with many

406
00:23:23,030 --> 00:23:19,030
people coming by now I have regressed at

407
00:23:26,250 --> 00:23:23,040
least thirteen hundred and fifty

408
00:23:28,919 --> 00:23:26,260
individuals to the details of their

409
00:23:31,440 --> 00:23:28,929
extraterrestrial encounters and then

410
00:23:33,930 --> 00:23:31,450
some of them have lived close enough to

411
00:23:38,730 --> 00:23:33,940
keep coming back for more regressions

412
00:23:42,140 --> 00:23:38,740
and it's about 2,300 individual

413
00:23:45,930 --> 00:23:42,150

regressions to extraterrestrial

414

00:23:49,560 --> 00:23:45,940

experiences that I've been privileged to

415

00:23:52,950 --> 00:23:49,570

uncover so far people continue to come

416

00:23:54,330 --> 00:23:52,960

so that number will continue to grow but

417

00:24:00,620 --> 00:23:54,340

that's how it is at this particular

418

00:24:05,760 --> 00:24:00,630

point so with all that I feel just

419

00:24:09,299 --> 00:24:05,770

completely privileged and I feel that it

420

00:24:13,590 --> 00:24:09,309

is one of the main reasons that I came

421

00:24:16,710 --> 00:24:13,600

into this lifetime from all the past

422

00:24:20,280 --> 00:24:16,720

life therapy work that I was trained in

423

00:24:24,799 --> 00:24:20,290

and have learned and conducted all these

424

00:24:27,630 --> 00:24:24,809

years well really that works since 1984

425

00:24:33,330 --> 00:24:27,640

I've certainly gotten the perspective

426
00:24:39,270 --> 00:24:33,340
that we are all of us ongoing continuing

427
00:24:40,770 --> 00:24:39,280
souls and we do from time to time come

428
00:24:43,980 --> 00:24:40,780
into

429
00:24:48,720 --> 00:24:43,990
different incarnations and then we

430
00:24:51,870 --> 00:24:48,730
return as we die to that pure soul form

431
00:24:54,810 --> 00:24:51,880
and the soul form is always with us of

432
00:24:59,550 --> 00:24:54,820
course as we're here like right now in a

433
00:25:02,840 --> 00:24:59,560
lifetime but and that soul aspect of us

434
00:25:07,440 --> 00:25:02,850
which is really the truest aspect of us

435
00:25:10,710 --> 00:25:07,450
can retain all the other lifetimes all

436
00:25:14,880 --> 00:25:10,720
the other dimensions that we have lived

437
00:25:18,210 --> 00:25:14,890
in so I think that many of us maybe all

438
00:25:21,000 --> 00:25:18,220

of us humans I don't know but I do that

439

00:25:25,370 --> 00:25:21,010

know that many of us have had previous

440

00:25:28,760 --> 00:25:25,380

lifetimes as other kinds of beings

441

00:25:32,520 --> 00:25:28,770

living in other parts of the cosmos on

442

00:25:36,540 --> 00:25:32,530

other planets or even as other

443

00:25:40,410 --> 00:25:36,550

dimensions and then now and then we come

444

00:25:44,370 --> 00:25:40,420

into the physical form as a human being

445

00:25:47,250 --> 00:25:44,380

living here on planet Earth but we are

446

00:25:52,680 --> 00:25:47,260

so much more than that

447

00:25:55,860 --> 00:25:52,690

and yet no doubt millions even billions

448

00:26:00,090 --> 00:25:55,870

of people living on the earth nowadays

449

00:26:04,860 --> 00:26:00,100

and forever before this no think that

450

00:26:07,770 --> 00:26:04,870

this is it this is all we get is this

451
00:26:13,290 --> 00:26:07,780
one life that were very involved in now

452
00:26:17,820 --> 00:26:13,300
is all of the reality of us my own

453
00:26:19,680 --> 00:26:17,830
husband felt that way very strongly did

454
00:26:22,290 --> 00:26:19,690
this is it and that was perfectly okay

455
00:26:25,620 --> 00:26:22,300
with them because he'd had a very nice

456
00:26:29,520 --> 00:26:25,630
long interesting life and a couple of

457
00:26:31,760 --> 00:26:29,530
months before he died a year ago we had

458
00:26:34,770 --> 00:26:31,770
another conversation about this and

459
00:26:36,720 --> 00:26:34,780
knowing that it probably wouldn't be too

460
00:26:39,060 --> 00:26:36,730
much longer that he would be living

461
00:26:43,200 --> 00:26:39,070
because he had very serious heart

462
00:26:46,140 --> 00:26:43,210
problems but and I said what do you

463
00:26:48,960 --> 00:26:46,150

think you know after you leave this

464

00:26:51,480 --> 00:26:48,970

physical life and and he said well

465

00:26:53,669 --> 00:26:51,490

that'll just be it that that's all and

466

00:26:54,630 --> 00:26:53,679

they said do you mean you won't you

467

00:26:58,920 --> 00:26:54,640

think have any

468

00:27:01,080 --> 00:26:58,930

awareness or any thoughts of of anything

469

00:27:03,180 --> 00:27:01,090

after that and he said that's right

470

00:27:06,450 --> 00:27:03,190

that's that's what I think and I said

471

00:27:09,510 --> 00:27:06,460

well how is that for you to feel that

472

00:27:13,020 --> 00:27:09,520

way and he said oh that's just fun I've

473

00:27:16,200 --> 00:27:13,030

had a long life and interesting life and

474

00:27:19,230 --> 00:27:16,210

a lot of love in it you know wonderful

475

00:27:22,230 --> 00:27:19,240

children and our relationship and done

476
00:27:25,560 --> 00:27:22,240
really interesting fascinating work and

477
00:27:29,790 --> 00:27:25,570
I've been very blessed really and and

478
00:27:33,900 --> 00:27:29,800
that's fine that's enough so he did die

479
00:27:37,580 --> 00:27:33,910
a couple of months after that and and

480
00:27:40,350 --> 00:27:37,590
I've really had such an interesting time

481
00:27:43,440 --> 00:27:40,360
myself along with the great loss of

482
00:27:46,320 --> 00:27:43,450
course I've had a very interest time

483
00:27:49,640 --> 00:27:46,330
being time picturing what he must be

484
00:27:53,690 --> 00:27:49,650
experiencing feeling sure that he is

485
00:27:57,630 --> 00:27:53,700
very conscious and very aware as a

486
00:28:00,510 --> 00:27:57,640
continuing soul and he visited in a

487
00:28:05,250 --> 00:28:00,520
couple of ways that let me know that he

488
00:28:07,770 --> 00:28:05,260

is quote unquote alive and well in the

489

00:28:11,810 --> 00:28:07,780

spirit form very conscious and very

490

00:28:16,730 --> 00:28:11,820

aware of being there and visiting here

491

00:28:21,210 --> 00:28:16,740

but I think that this is all part of the

492

00:28:24,360 --> 00:28:21,220

extraterrestrial human phenomenon in the

493

00:28:29,360 --> 00:28:24,370

sense that they - the extraterrestrials

494

00:28:33,060 --> 00:28:29,370

are ongoing continuing souls who

495

00:28:37,020 --> 00:28:33,070

incarnate on different planets I've had

496

00:28:38,820 --> 00:28:37,030

some clients who in their regressions

497

00:28:42,390 --> 00:28:38,830

have found out that they were a

498

00:28:46,370 --> 00:28:42,400

particular kind of being which we call

499

00:28:49,080 --> 00:28:46,380

extraterrestrial on another planet and

500

00:28:52,070 --> 00:28:49,090

we go through certain features of their

501
00:28:54,780 --> 00:28:52,080
lifetimes as that particular kind of

502
00:28:57,450 --> 00:28:54,790
extraterrestrial being that's a very

503
00:29:02,520 --> 00:28:57,460
interesting perspective I'm so grateful

504
00:29:04,290 --> 00:29:02,530
for that and some of them have started

505
00:29:07,200 --> 00:29:04,300
out with one regression being a

506
00:29:07,680 --> 00:29:07,210
particular kind of being on a particular

507
00:29:12,600 --> 00:29:07,690
plan

508
00:29:16,650 --> 00:29:12,610
and then during one of those lifetimes

509
00:29:19,760 --> 00:29:16,660
they decided next time next lifetime I'm

510
00:29:22,200 --> 00:29:19,770
going to incarnate on another planet as

511
00:29:25,350 --> 00:29:22,210
another kind of being that they had

512
00:29:26,430 --> 00:29:25,360
heard of and get to experience what

513
00:29:30,840 --> 00:29:26,440

that's like

514

00:29:34,170 --> 00:29:30,850

and then sometimes in that between life

515

00:29:38,190 --> 00:29:34,180

very conscious state they decide okay

516

00:29:42,060 --> 00:29:38,200

now it's time to incarnate on this very

517

00:29:48,480 --> 00:29:42,070

strange planet called planet Earth and

518

00:29:53,190 --> 00:29:48,490

to be a human being because we're really

519

00:29:56,220 --> 00:29:53,200

quite strange to them probably we are

520

00:30:00,660 --> 00:29:56,230

stranger to those beings than they are

521

00:30:04,500 --> 00:30:00,670

to us and when I first came across that

522

00:30:06,540 --> 00:30:04,510

sort of idea that perspective I mean I

523

00:30:07,140 --> 00:30:06,550

almost laughed well I never thought of

524

00:30:09,960 --> 00:30:07,150

it that way

525

00:30:12,870 --> 00:30:09,970

and then I began to realize through

526

00:30:16,410 --> 00:30:12,880

these last twenty years or so that you

527

00:30:21,450 --> 00:30:16,420

know all of our peculiarities as humans

528

00:30:25,190 --> 00:30:21,460

and how wonderful we are some of us in

529

00:30:28,680 --> 00:30:25,200

many ways and also how dysfunctional

530

00:30:31,530 --> 00:30:28,690

human beings are in some other ways and

531

00:30:35,610 --> 00:30:31,540

certainly more aware of this whole

532

00:30:39,660 --> 00:30:35,620

pattern of cognition ax sand competition

533

00:30:41,430 --> 00:30:39,670

and avarice and you know trying to beat

534

00:30:45,150 --> 00:30:41,440

each other out and take each other's

535

00:30:48,510 --> 00:30:45,160

resources and how war seems to been

536

00:30:50,460 --> 00:30:48,520

going on on this planet as long as there

537

00:30:54,720 --> 00:30:50,470

have been intelligent beings living on

538

00:30:57,720 --> 00:30:54,730

it that's not true on all the other

539

00:31:00,270 --> 00:30:57,730

planets and so the more that I've

540

00:31:04,040 --> 00:31:00,280

learned about life on the other planets

541

00:31:06,470 --> 00:31:04,050

and the type of mentality and

542

00:31:09,240 --> 00:31:06,480

spirituality that many of these

543

00:31:13,710 --> 00:31:09,250

extraterrestrial beings have the more I

544

00:31:16,200 --> 00:31:13,720

think wow I mean I love us human beings

545

00:31:19,620 --> 00:31:16,210

I'm one of them and you know I'm

546

00:31:20,620 --> 00:31:19,630

comfortable here and I like being here

547

00:31:23,440 --> 00:31:20,630

but Wow

548

00:31:28,600 --> 00:31:23,450

when you look at the whole human species

549

00:31:32,710 --> 00:31:28,610

and the whole history of human beings we

550

00:31:36,250 --> 00:31:32,720

have a lot of flaws we have a lot of

551
00:31:40,210 --> 00:31:36,260
problems we're pretty dysfunctional in a

552
00:31:45,090 --> 00:31:40,220
lot of ways as well as our wonderful

553
00:31:50,910 --> 00:31:45,100
points so this whole field of work is

554
00:31:55,210 --> 00:31:50,920
really expanding and enlightening for me

555
00:31:57,730 --> 00:31:55,220
there's also a very spiritual aspect of

556
00:32:00,960 --> 00:31:57,740
the whole thing that all of these

557
00:32:04,050 --> 00:32:00,970
different life forms in the cosmos

558
00:32:08,970 --> 00:32:04,060
humans and what we call

559
00:32:12,880 --> 00:32:08,980
extraterrestrials we're all ongoing

560
00:32:16,150 --> 00:32:12,890
spirits for all spiritual beings who

561
00:32:20,980 --> 00:32:16,160
just take up different kinds of life's

562
00:32:24,300 --> 00:32:20,990
in our lifetimes and different forms and

563
00:32:27,040 --> 00:32:24,310

different mentalities different